



*Excellence in
Christian
Education*

PROSPECTUS

Certificate IV In
Pastoral Counselling Skills
(91353 NSW)

Diploma of
Pastoral Counselling
(91354 NSW)

Registered Training Organisation
Provider 90091



Uniting Church in Australia Property Trust (NSW)

Mission Statement

The Pastoral Counselling Institute brings into creative dialogue the disciplines of theology and the behavioural sciences in order to provide pastoral educational programs and counselling services for the community.



**Recognised ministry of
the Uniting Church in Australia
NSW SYNOD**

A Brief History



**The Pastoral
Counselling Institute**
emerged from a desire
to develop an integrated
model of pastoral care
and counselling that took
account of the full
richness of both theology
and the behavioural
sciences.

In 1992, Rev. Dr. Peter Powell became the first Executive Director of the Pastoral Counselling Institute. Peter is an ordained minister of the Uniting Church and a registered psychologist.

The Institute is an entity within the Uniting Church in Australia, Board of Education NSW Synod. The Institute retains a Board of Directors and status as a self-funding charitable organisation.

Contact us:

Pastoral Counselling Institute
16 Masons Drive
North Parramatta 2151
Phone: (02) 9683 3664
Email: pciuca@ihug.com.au
www.pastoralcounselling.org

Who can Participate In Training



The course is designed to meet the needs of those in the Christian community irrespective of race, age, sex or denomination, who provide Pastoral Care and Counselling.

Our student body comes from all walks of life and all age groups.

Essential requirements:

- Satisfactory completion of an application form with references
- School Certificate or equivalent, mature age, life experience
- The ability to participate in and complete a ministry placement
- Ability to speak and write English to SL6 level

Anyone who meets the above requirements is invited to submit an application form.

MATURE AGE STUDENTS

Students who have not studied for many years, but who have a wealth of life experience are encouraged to consider an application. Our student body is made up of many mature age people who are excited about their ability to provide pastoral care. Our staff are available to discuss the program and to assist you with your application

“I find my work very satisfying, a wonderful way to extend God’s love to others”.

Lay Person

About Training Programs

The church has a long history of providing counselling services for those in emotional distress and a variety of models have been developed and used during its 2000 year history. Much of that experience and the models of care developed preceded the development of modern counselling services.

Pastoral counselling is grounded in the Christ event. If it were not for this central Christian doctrine there would be no such thing as pastoral counselling. It is God's proactive reaching out to creation in Jesus Christ that forms the basis for pastoral counselling (John 3:16-17) and gives it its purpose (John10:10).

Building relationships, sometimes with people rejected by the wider community, is central to the way in which pastoral counselling is conducted.

While there are a vast array of counselling theories and practices, it is the empathic relationship with a sensitive counsellor that will usually bring about the best outcome. People want someone to listen to their stories and be taken seriously.

The Pastoral Counselling Institute continues to identify the need for the training of church members in counselling, using integrated models drawn from theology and the behavioural sciences.

Our Mission is to provide a learning opportunity that facilitates the student's growth by providing quality training in pastoral care.

We trust that participation in the Institute's programs will provide each student with the opportunity to learn new skills, upgrade existing ones and become equipped for a pastoral care ministry.

Both the Certificate and Diploma Programs integrate theology and psychology to train the people of God to provide effective listening and care. Students undertake a Ministry Placement during their training.

The Nationally accredited VETAB Certificate and Diploma integrate theology and psychology to provide balanced training in counselling skills.

The courses are offered in both weekly and intensive formats in metropolitan and rural areas. Churches are encouraged to arrange a program in their own area.

The courses emphasise the student's own personal growth as well as equipping them for ministry to others by using training and participation in a ministry placement.



One student's creative expression of the provision of God's care, shows the Water of Life flowing freely to the person in need.

Assessments monitor the student's progress throughout the whole course and students receive individual supervision of their work.

These courses have been developed specifically for pastoral carers in a Christian setting. The courses or units of competency can be customised for pastoral care work in other related services such as aged care, children's services, correctional services or disability services.

Certificate IV Vocational Outcomes

- Be employed in positions in pastoral care in such areas as church ministry teams, nursing homes, hospitals and retirement villages
- Be a volunteer within the church structure to provide supportive care in grief settings, relationship difficulties, stress and anxiety and difficulties with issues of faith
- Undertake responsibilities for youth groups within the church
- Participate in teaching religious education within schools
- Use this Certificate as part of a 'Period of Discernment' prior to applying to candidate for specified ministry of the church
- Eligibility to be a Court Support Person

Diploma Vocational Outcomes

- Work in church as a pastoral counsellor
- Work as co-ordinators with responsibility for the work of others
- for example: coordinating volunteers,
- planning church social welfare
- strategies,
- Work as a chaplain within a church or community organisation
- Welfare officer within a community agency
- Coordination of pastoral care team
- Mentor and manage volunteers in pastoral care teams
- Co-ordinate and manage children's ministries

- Manage the 'Safe Place for Children' policy in the church
- Provide supportive care for children and families
- Liaise with minister and pastoral team to develop, review and monitor excellence in pastoral care
- Facilitating liaison between families and service providers in times of trauma

Ministry placement

Students in both the Certificate and Diploma courses are required to participate in a pastoral care ministry placement. The primary goal for the placement is to create an intense learning experience for the student so that they can use the action/reflection method of learning. From that placement, case studies are prepared for use both in class and for the students own personal learning.

Each student is expected to negotiate a ministry placement and to make appropriate arrangements with a contact person at that centre. The appropriate forms required for this placement will be included in the Student Handbook.

Students undertaking a ministry placement working with children will be required to provide the placement workplace with clearance declarations.

Ongoing Supervision

Graduates of the program will be required to participate in ongoing supervision ensuring continued support while engaged in pastoral care and counselling. They are encouraged to continually reflect upon their own counselling skills and practice while operating within an ethical code of practice.

Accreditation:

Psychotherapy And Counselling Federation of Australia (PACFA)

While PACFA does not accredit undergraduate counselling qualifications, care has been taken to provide the student with opportunities to accrue face to face and supervision hours which will meet PACFA requirements, should a student progress to a higher level of counselling education.

Christian Counsellors Association of Australia (CCCA)

Students are provided with information about CCA registration and accreditation requirements should they wish to continue with further studies. <http://www.ccaa.net.au/nsw/qualifications.php>

Updating my counselling skills has helped me in my day-to-day ministry”.

A country Pastor

Certificate IV in Pastoral Counselling Skills

Educational Outcomes

- A knowledge of pastoral counselling as a ministry of the church
- The skill to explore and integrate basic theological and counselling issues
- The ability to apply basic counselling skills as preparation for effective ministry in caring for people
- The ability to provide pastoral counselling in the area of critical life issues, i.e. grief, abuse, addiction etc.
- The ability to recognise and report possible risk factors within the leadership of the church
- The ability to recognise the limitations of their pastoral counselling skills
- The ability to compile and use a comprehensive referral source from which to make appropriate referrals

What Time Will be Required for this Course?

Apart from attendance at class (weekly or intensive format), students will be required to complete assessments, which on average require a total of 203 hours outside of class. The time taken will depend on the student's previous experience. Some students will need less time; others will need more. Every attempt is made to facilitate the student's learning. Students are required to complete a 75-hour Ministry Placement during the

Certificate IV. From this placement they will present a verbatim of a visit, receive supervision and be assessed on their counselling skills. Students also prepare videos demonstrating their counselling skills in relation to case studies provided.

Students who Graduate at Certificate IV Level are qualified to:

- Demonstrate understanding of a broad knowledge base incorporating some theoretical concepts.
- Apply solutions to a defined range of unpredictable problems
- Identify, analyse and evaluate information from a variety of sources
- Identify and apply skill and knowledge areas to a wide variety of contexts with depth in some areas
- Take responsibility for own outputs in relation to specified quality standards
- Take limited responsibility for the quantity and quality of the output of others

Spiritual Retreat Day

This day is devoted to group interaction, spiritual reflection, bible study and integration of faith and the helping process. Come prepared to play, be serious, laugh, contemplate and experience God's presence. Mandatory attendance is required for assessment.

Certificate IV Units

The Certificate IV re-accredited program will include modules for School Chaplaincy requirements.

Details to come

CHCCOM3C

Utilise specialist communication skills to build strong relationships

Communication is the foundation upon which strong relationships based on respect and trust are formed. The skill of communication with both clients and colleagues is a basic tool for the counsellor

CHCCSL601A

Work within a structured counselling process

Using Gerard Egan's text Certificate this unit is skills based and will enable students to commence the process of learning counselling skills

CHCCSL602A

Facilitate the counselling relationship

As students gain confidence in their basic skills, they will participate in role plays with their peers, group supervision and feedback on their work.

CHCCSL603A

Provide support for clients implementing a course of action

Knowledge and skills continue in this unit as students expand their skills in counselling

CHCCHILD1C

Identify and respond to children and young people at risk of harm

Providing a safe place for children is a high priority for those who work with families. Knowing the protocol your church has in place and how it is structured is an important learning outcome of this unit.

PCIBIP061 *Orientation to the role of the
Pastoral Counsellor in the church*

The church universal has provided a history of Christian care from the abolition of slavery, the Flying Doctor Service to modern welfare services. The specific application, context and differing roles of pastoral carers are examined.

PCIBIP062 *Design and conduct Christian
services, rituals and ceremonies*

Addressing the universal need to experience a 'soul language' through poetry, music, drama and creative expression provides an opportunity to address critical life issues. Ceremonies involve the spirit God in a way that straightforward rational communication cannot touch. Bypassing the sterility of logic, a ceremony can evoke the power to celebrate, to affirm or to heal.

PCIBIP063 *Evaluate and Implement the
Blessing Model*

Critical attachment issues and spiritual growth are addressed, using the stories of Ruth, Jacob, Hagar, and Joseph. The relationship between biblical narrative and psychological theory merge in a pastoral model.

PCIBIP064 *Identify and respond to clients
experiencing grief*

Students will learn how to respond to grief issues, recognise spiritual and emotional needs and use appropriate referral information when required.

PCIBIP065

Identify and respond to clients experiencing past or present abuse issues

Students will learn to identify different forms of abuse, how to respond to both spiritual and emotional needs and use appropriate referral information when required.

PCIBIP066

Identify and respond to risk in church leadership

History has taught us that we must be aware of the risk factors within church leadership. What do you say, to whom do you go, who do we talk to when leadership fails? Referral, church protocols and legal requirements are identified.

PCIBIP067

Identify and respond to client addiction

Family of origin and addiction issues are explored and appropriate responses are discussed.

Diploma of Pastoral Counselling

***Certificate IV in Pastoral Counselling Skills
Is a pre-requisite to the Diploma of Pastoral
Counselling***

Educational Outcomes

- Use counselling theories to further develop a personal counselling style and skill
- Develop and maintain knowledge of life span development
- Ability to apply appropriate development stage in the counselling process
- The ability to work within the limitations of their pastoral counselling skills
- The ability to articulate the particular role of the church in providing pastoral care
- Define the complexity of the developmental stages of the life cycle from birth to death
- Illustrate the effect of trauma on human development
- Identify possible interventions for healing, growth and change throughout the life cycle
- Develop a critical awareness of a variety of counselling theories
- Develop skill in the task of pastoral counselling
- Begin to develop an individual style in counselling

What time will be required for this course?

Apart from attendance at class students will be required to complete assessments, which on average require a total of 300 hours outside of class. The time taken will depend on the student's previous experience. Some students will need less time; others will need more. Every attempt is made to facilitate the student's learning. Students are required to complete a second Ministry Placement during the Diploma. From this placement they will present verbatims of their visits, receive supervision and be assessed on their counselling skills. Sections of the Diploma can be completed in an Individual Guided Study program.

Students who graduate at Diploma Level are qualified to:

- Demonstrate understanding of a broad knowledge base incorporating theoretical concepts with substantial depth in some areas
- Analyse and plan approaches to technical problems or management requirements
- Evaluate information using it to forecast for planning or research purposes
- Transfer and apply theoretical concepts and/or technical or creative skills to a range of situations
- Take responsibility for own outputs in relation to broad quantity and quality parameters
- Take limited responsibility for the achievement of group outcomes

Diploma Units

CHCCSL604A

*Reflect and improve
upon counselling skills*

This unit describes the knowledge and skills required to evaluate own work, continuing self-development and effective supervision within an ethical code of practice.

PCIBIPHD01

*Apply psychological
development theory to
counselling practice*

John Santrock skillfully describes this unit. Life-Span Development is about the rhythm and meaning of people's lives, about turning mystery into understanding, and about weaving a portrait of who each of us was, is, and will be.'

PCIBIPHD02

*Develop and apply
developmental
counselling skills*

'The rhythm and meaning of life eventually wind their way to age, when each of us stands alone at the heart of the earth and suddenly it is evening. We shed the leaves of youth and are stripped by the winds of time down to the truth. We learn that life is lived forward but understood backward. We trace the connection between the end and the beginning of life and try to figure out what it is about before it is gone. Ultimately we come to know that we are what survives of us.'

PCIBIPTC01

Prepare for pastoral counselling work

The unit will include introductory knowledge and basic skills required to evaluate, use and integrate counselling theories including: Pastoral Counselling, Psychoanalytic, Existential, Person Centred, Cognitive/ Behavioural, Feminist, Narrative and Family Systems theories.

PCIBIPTC02

Develop and work within an individual pastoral counselling style

This unit assists students to begin to develop their own personal counselling style, to use specific counselling theories, to evaluate aspects of personal characteristics, ethics values and professional issues in pastoral counselling.

Accreditation

Should you wish to obtain a copy of accreditation from the National Training Information Service, please visit the following web sites:

Certificate IV

<http://www.ntis.gov.au/?/accreditedcourse/91353NSW>

Diploma

<http://www.ntis.gov.au/?/accreditedcourse/91354NSW>

Support for Students

Students studying with the Pastoral Counselling Institute are involved in creating a learning group within a trusting environment so they can become proficient in the skills of counselling. This involves learning about yourself and the way a group functions, as well as how to help other people. Students are encouraged to carefully consider their commitment to the programs. The number of students in each course is limited to create effective learning and provide the opportunity for individual and group supervision.

Counselling education requires class interaction, sharing, mentoring and supervision. These are important competency based activities. While creative learning opportunities via intensives in regional centres are provided, students must be involved in the face to face encounter of the learning experience.

Should the student become aware of personal problems during the course, they are encouraged to seek the help of a professional counsellor.

On starting the course the student is supplied with a student handbook detailing the course requirements, class schedule, assessment tasks and required readings.

Payment of Fees

A non-refundable deposit is required on acceptance into either the Certificate or Diploma course. The balance of course fees are due prior to commencing either program. Time payment can be arranged, if required, with the Administrator. Students cannot graduate until all fees are finalized.

Recognition or Prior Learning

Application for Recognition of Prior Learning can be made to the Pastoral Counselling Institute in line with the Vocational Educational Training and Accreditation Board guidelines. All evidence must be certified by a Justice of the Peace. An RPL form can be obtained from the PCI Office. A fee, per unit, is payable in advance.

Administration Staff

Ms. Fiona Fernandez
Programs and Office Manager

Ms. Kerri Cameron
Finance Coordinator

Ms. Brenda Inglis-Powell
Consultant Social Educator

Teaching Staff

Rev Dr Peter Powell

Registered Psychologist PS 0027467
Doctor of Ministry (Pastoral Counselling and
Psychotherapy)
Licentiate in Theology
Diploma in Pastoral Studies
Cert IV in Workplace Training and Accreditation

Ms Faye Hansen

Registered Psychologist PS0025043
Bachelor Arts with Diploma in Education
Bachelor Theology
Graduate Certificate in Psychology
Diploma of Family Therapy
Cert IV in Workplace Training and Accreditation

Mr Chris Saunders

Registered Psychologist PS0057616
Bachelor of Arts
Master of Arts
Cert IV in Workplace Training and Accreditation

Rev. Nigel Hawken (Deacon)

Bachelor of Theology
Bachelor of Counselling
Bachelor of Computer Engineering
Cert IV in Training and Assessment
Cert IV in Community Mediation (Family Law)

Other Institute Services

Training for churches:

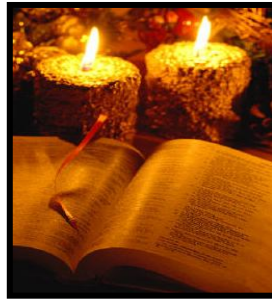


Learning How I Listen and



I'm Going Visiting have been developed to train lay people in the basic skills required to provide informed visitation within parishes and to help people build a referral base for community needs.

Specialist counselling services are available through the Institute for individual, couple and family counselling. A referral from your G P may be available so that your counselling, when provided by a Registered Psychologist, attracts a rebate from Medicare.



Men Taking Responsibility - Offender Treatment Program

Dr. Powell pioneered a group program for Christian male sex offenders. The four pillars of the program's philosophy are: Justice, Accountability, Support and

Change. Referrals are received from churches of many different denominations. A protocol for the program has been written and a specific protocol for churches referring men is available.

A copy can be downloaded from www.pastoralcounselling.org Dr. Powell is registered with the NSW Child Sex Offender Counsellor's Accreditation Scheme (CSOCAS) as a Clinical member (Adults). The ease of availability which home computers have provided has seen an increase in referrals being made to the Institute relating to Christian men who have become addicted to pornography.

Raising Difficult Children ©

This program is now recognized as a leader in the field of parenting for mothers and fathers whose children experience difficulty with behaviour and learning. The program is also offered to professionals working with children. Both parenting programs and professional training have been conducted state-wide. The Institute uses all proceeds and royalties from the book in its family ministry. The 4th Edition of the book, a welcome addition to the program is available from the Institute website www.difficultchildren.org

